



# VIRTUAL IHRS 2020

*Science, No Frontiers!*

12th Annual conference of the  
Indian Heart Rhythm Society

2nd - 4th October, 2020

We will communicate from:  
[ihrsmumbai@gmail.com](mailto:ihrsmumbai@gmail.com)

# Welcome Message



Dear Doctor,

Yes, within 3 months from now, between 2<sup>nd</sup> – 4<sup>th</sup> October we will have the annual conference of the Indian Heart Rhythm Society. This year, the magnum opus of the IHRS, is **VIRTUAL IHRS 2020**, a 100% digital event. While you can log-in from the comfort of your home, hospital or on-the-go; you need to secure these 3 days, free of all possible encumbrances, to attend the online event in its entirety!

Registration will be must, albeit complimentary! The Digital Experience is being created such that you can listen to a galaxy of international and national faculty, over more than 25 sessions, in 2 parallel theatres. While sessions, if unattended or for later review will be available on-demand; the live experience will permit you to interact with our KOLs and resolve many burning practice-related issues on-the-spot.

You will want to join us each day as we discuss clinical aspects and ablation techniques of atrial fibrillation and ventricular tachycardia, CIED indications in inherited arrhythmia syndromes and heart failure, & anatomy and performance of conduction system pacing through didactic presentations and live-in-box cases. Dedicated tracks have been planned for abstract presentations. We would be interacting with leading international (APHRS & HRS) and national (Mumbai CSI & Pediatric CSI) societies in specially crafted joint sessions.

Virtual IHRS 2020 will involve no distancing, as we invite fellow EPs beyond the Indian shores to register for this conference, at no cost. It therefore promises to be a long weekend spent over *Science, no Frontiers!*

The organizing committee extends to you a warm and personal invite. Please mark your calendar and stand-by for our instructions for your complimentary registration!

Looking forward to welcome you at the **VIRTUAL IHRS 2020!**

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## Scientific Committee

Dr. Anil Saxena, *Chairman*

Dr. Ajay Naik

Dr. Amit Vora

Dr. Ashish Nabar

Dr. Hygriv Rao

Dr. Yash Lokhandwala

# Scientific Program

Day 1 - Friday, 2<sup>nd</sup> October 2020



TIME	THEATRE 1	THEATRE 2
Day 1	2 <sup>nd</sup> Oct 2020	
10.00-10.45	IHRS EC Meeting ( <i>Board room</i> )	
10.45-11.00	Technical Break	
11.00-11.20	Introducing VIRTUAL IHRS 2020	
11.20-11.30	Technical Break	
11.30-12.00	IHRS Salutes Professor Dr Hein JJ Wellens	
12.00-12.15	Technical Break	
12.15-13.45	Channelopathies in 2020: <i>Everything you ever wanted to know!</i>	
	LQT syndrome	Brugada syndrome
13.45-14.15	Lunch Time	
14.15-15.30	Let's talk about Atrial fibrillation: <i>Meet our experts</i>	
	AF clots!	AF is ventriculopathic!
15.30-15.45	Declutter	
15.45-17.00	Let's sort Ventricular arrhythmias: <i>Meet our experts</i>	
	Fathoming Ventricular Arrhythmias	Eye of the VT storm
17.00-17.15	Declutter	
17.15-18.35	IHRS: <i>Today and Tomorrow</i>	
	Electroanatomical mapping cases	Vision IHRS 2030: <i>Rile me up - but how?</i>
18.35-19.00	Declutter	
19.00-21.00	Unknown EP Tracings: <i>Putting to the sword</i>	

# Scientific Program



Day 2 - Saturday, 3<sup>rd</sup> October 2020

TIME	THEATRE 1	THEATRE 2
Day 2		3 <sup>rd</sup> Oct 2020
11.00-11.45	<b>IHRS GBM</b>	
11.45-12.00	<i>Technical Break</i>	
12.00-12.10	<b>Welcome to Day 2: Opening remarks</b>	
12.10-12.15	<i>Technical Break</i>	
12.15-13.35	<b>AF and VT Ablation</b>	
	<b>IHRS-APHRS in Joint Session</b> AF Ablation: <i>PV isolation</i>	<b>VT Ablation in Structural heart disease</b>
13.35-14.00	<i>Lunch Time</i>	
14.00-15.15	<b>AF Ablation &amp; VT Ablation Session I</b>	
14.00-15.15	<b>AF Ablation: More than PV isolation</b>	<b>Challenging VT Ablation sites: cases</b>
15.15-15.30	<i>Declutter</i>	
15.30-17.00	<b>VIRTUAL IHRS 2020: It's about the young!</b>	
	<b>Conventional EP cases: A mixed bag!</b>	<b>IHRS - PCSI in Joint Session</b> The Grammar of EP/HF management in children
17.00-17.10	<i>Declutter</i>	
17.10-17.30	<b>Presidential address</b>	
17.30-19.00	<b>CIED Leads: The weak link</b>	
	<b>Alternative Leads or Go Leadless?</b>	<b>Lead Extraction curriculum</b>
19.00-19.15	<i>Declutter</i>	
19.15-21.00	<b>Heart Failure Interventions: Deciding which CIED?</b>	
	<b>CRT - Conventional</b>	<b>Alternate CRT - Conduction system pacing</b>

# Scientific Program



Day 3 - Sunday, 4<sup>th</sup> October 2020

TIME	THEATRE 1	THEATRE 2
Day 3	4 <sup>th</sup> Oct 2020	
8.00-8.10	Welcome to Day 3: Opening remarks	
8.10-8.15	Technical Break	
8.15-9.30	Bagel and Barista at IHRS	
	IHRS - HRS in Joint Session	Ventricular tachycardia: more insights
9.30-9.45	Declutter	
9.45-11.15	Anatomy Hall: <i>Thus spoke the Lord!</i>	Interesting CIED cases
11.15-11.30	Declutter	
11.30-12.00	Dr Rajneesh Juneja Memorial Oration	IHRS - Mumbai CSI in Joint Session CIED Melange (11.15-12.35)
12.00-12.15	Declutter	
12.15-13.45	Arrhythmia Mix	IHRS Showcase (12.45-14.00)
13.45-14.00	Invite to IHRS 2021 at Mumbai	

# Scientific Program

## DM / DNB Immersion Program



TIME	THEATRE 3
Day 1	Friday, 2 <sup>nd</sup> Oct 2020 - CIED
12.15-12.30	Log-in & Introduction
12.30-14.15	CIED choice: Shared decision-making
14.15-15.00	Lunch Time
15.00-17.00	CIED implant techniques
17.00-17.15	Detox
17.15-19.00	Programming CIED: Pacemakers / CRT
19.00-19.15	Detox
19.15-20.45	Programming CIED: AICD

TIME	THEATRE 3
Day 2	Saturday, 3 <sup>rd</sup> Oct 2020 - EP PROGRAM
12.30-14.00	Arrhythmia: EP concepts
14.00-14.30	Lunch Time
14.30-16.00	Mapping: Intention is to Ablate
16.00-16.30	Detox
16.30-18.00	Principles of commonly used EP maneuvers
18.00-18.30	Detox
18.30-20.30	How to Ablate?

# Scientific Program



## Clinical Externship Program For Cath Lab Technologists/ Nurses

TIME	THEATRE 3
Day 3	Sunday, 4 <sup>th</sup> Oct 2020 - CIED & Electrophysiology Procedures
8.00-8.15	<i>Thanking the frontline</i>
8.15-9.15	<b>CIED implantation</b>
9.15-10.35	<b>CIED follow-up</b>
10.35-11.00	<i>Break</i>
11.00-12.00	<b>EP hardware</b>
12.00-13.00	<b>EP skills</b>
13.00-13.15	<i>Break</i>
13.15-14.00	<b>CIED &amp; EP Quiz: Score yourself!</b>

Prof. Dr. Prafulla Kerkar  
**Organising Chairman**

Dr. Ashish Nabar  
**Organising Secretary**

Dr. Anil Saxena  
**IHRS President**

CONFERENCE SECRETARIAT



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